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Mr Trevor Low

Trevor has been working as an expert witness for Gymnastics, Trampoline, School and Sport related incidents since 1980. He has considerable experience in catastrophic injury claims as well as general injuries. His work normally concludes with settlement by mutual agreement. He always studies the facts and conclude the merits of each statement without preference or bias to claimant or defendant. He can provide a list of Law firms for references.

He has an expertise in assessing risk in dynamic activities, in reviewing the reasoning of decision making when undertaking risk in sport activities. He has worked extensively in “street, off-piste, parkour, tricking, freerunning and “freestyle” activities defined as those that challenge the physical conditions normally required to perform a sport guided by traditional rules and accreditations.

He has worked in Theatre and Circus and fitness gyms.

He has a particular interest in the way that sport has disengaged from mainstream National and world bodies to better explore the possibilities of movement and skill without the constraints of traditional rules. He has been involved in the advancement of safe performance and learning in the new sports world dominated by online promotion. AS a qualified and registered teacher he has been involved in school and education at all levels.

Education;

Educated mainly in Scotland and travelled widely in Europe, Africa and Eastern Europe.

Bourneville College of Art

Diploma in Fine Art (painting and drawing) from Leicester Polytechnic School of Art.

Graduated Teachers Diploma from Leicester University in Education Studies.

BA from the Open University studying Ancient History.

Dept. of Education and Science registration number 73/93690

Sport Qualifications;

Gymnastics International Performance Coach, Women’s Artistic club coach, General Gymnastics club coach, Pre-school club coach, and Special needs assistant coach. He was a qualified International Brevetted Judge of Men’s gymnastics.

- Hon. National Coach of British Gymnastics the National Governing Body of Gymnastics and Trampolining.
- Hon Life Member British Gymnastics.

Elected Chair British Gymnastics (NGB) Men’s Technical Committee January 2005-2011. Responsible for the planning and organisation of the National Men’s Gymnastics competitions in Great Britain, National training squads and British Teams. He was

responsible for the Great Britain Men's Domestic Gymnastics Programme and worked closely with the National Olympic Programme Coaching Staff.

His background in gymnastics goes back to 1964 when he was a competing gymnast at National level. He competed for Great Britain Under 23 and began coaching and teaching gymnastics in 1968 working firstly in Birmingham and then in Leicester where he was studying at College and University. He ran and organized the national gymnastics courses, Gymnastics for Youth, for 5 years. He was appointed as National Coach to the GB Under 18 team in 1975. He coached at 5 Junior European Championships and many GB International events, Junior and Senior.

He has hosted and jointly organised the British Men's Individual Championships and National Development Plan Championships. Between 1996 and 2001. He organised 5 Junior Commonwealth tournaments and Junior International events with teams taking part from all over the World.

He has studied gymnastics all over Europe, the former USSR, China and the USA.

He joined the National Coaching Panel of British Gymnastics in 1972 to assist with the establishment of a coaching syllabus and a coach education scheme, drawing up course material, setting exam papers and examining candidates for their practical teaching tests. Since 1972 he has been the coach in charge of a gymnastics club, which is now named Hinckley Gymnastics Club, which has won every major team trophy in the National diary including the Senior Team Championships 4 times, 2000 to 2004. He has coached a British Men's Champion, a Welsh Champion, a Scottish Champion and the British Men's Team Champions. He had 3 gymnasts compete in Kuala Lumpur Commonwealth Games and had 4 gymnasts competing in the Manchester Commonwealth Games with a Bronze Medal won. He had a gymnast win a Silver Medal at the 2006 Commonwealth Games in Melbourne. He has coached both Men and Women to British Championships level. He has coached gymnasts to World and European Championship level. He has been responsible for the planning and delivery of major events in gymnastics for many years.

He was responsible for building 2 dedicated gymnastics facilities in Leicestershire, one being a small spectator arena for performance sports.

Trevor was Coach of the Year for the Association of British Gymnastics Coaches in 2000 and was honoured by Sport England in 2001 as Coach of the Year.

He was the editor of the National Gymnastics Magazine 1984 – 2011 and the editor and author of The Technical Journal of Gymnastics in which he has written extensively on teaching techniques and progressions with a particular interest in safe practices. He was the author of FLOOR- VAULT- BARS and BEAM, Basic Gymnastics published by Crowood Press. His written work has been widely used for teaching and research at Colleges and Universities.

He has been accredited to 6 Olympic Games Es Gymnastics and to London 2012 as a Floor manager for Gymnastics and Trampolining. He has attended almost every European and World Championships over the past 25 years.

Employment;

He has taught in state and private education systems in Primary, Secondary and Further Education, Higher and University Education

He was a Residential Child Care Officer for the County of Leicestershire and taught in Special Education in the same County working with young people with behavioural difficulties.

- He has been self-employed since 1978 working in Education, Sport and Written Press.
- He has been advising on Safety in Sport since 1980.
- Appointed Field of Play group leader for London Olympic Games 2012.
- Member Sports Writers association of GB.
- Member AIPS, International Sports Writers Association
- He is a member of the Association for Physical Education, AfPE, (was BAALPE)
- He is President of the Institute of Expert Witnesses.
- He is a Trustee of a Charity, a school governor and Director of 3 Companies.